



Updated Protocol as of March 10, 2022

On March 4, KDPH released new guidance for K-12 School Operations for in-person learning. **Effective March 10**, the guidance for contact tracing, isolation and quarantine protocols will be followed.

Each school will monitor its weekly data to determine any changes to the mitigation protocols, including masking.

Parents and faculty members must still report positive Covid-19 cases to the school and keep children at home when they exhibit any Covid-19 or flu-like symptoms.

Detailed guidance can be found on the Team Kentucky Website, <https://govstatus.egov.com/kycovid19>.

COVID-19 Contact Tracing, Isolation and Quarantine Guidelines

CONTACT TRACING AND CLOSE CONTACTS

With the adoption of a mask-optional policy, the following protocol will be followed:

- **Contact tracing following school exposures to Covid-19 is not expected unless there is an outbreak.**
- Where possible, schools should notify families/staff when a known exposure occurs in the classroom or school setting.
- **Quarantine is not routinely recommended following exposures to Covid-19 that occur in school settings.**
- Targeted use of contact tracing and quarantine may be recommended during outbreaks of Covid-19 in the classroom or school.
- Test-to-Stay programs for those who are exposed outside of the school setting are offered at the discretion of each school.

ISOLATION PROTOCOLS

- Anyone with a positive Covid-19 test should self-isolate for at least **5 days*** even if vaccinated.
- To calculate the 5-day isolation period, day 1 is the day **after symptoms start or after the day of test.**
- **Isolation can end after day 5*** if symptoms are fully resolved and the individual can wear a well-fitting mask for 5 additional days.
- If the individual is unable to wear a mask consistently and properly or if symptoms continue, the individual should self-isolate for 10 full days.

The first day of symptoms or the date of a positive test, if asymptomatic, is **day zero; isolation ends **after day 5** (i.e. on day 6).*

EXPOSURES AND QUARANTINE PROTOCOLS FOR EXPOSURES THAT OCCUR OUTSIDE OF SCHOOL SETTING

- **Quarantine is not recommended for the following individuals:**
 - Students 5-17 years of age who have completed their 2-dose vaccine series.
 - Persons 18 years of age and older who are up-to-date with their recommended Covid-19 vaccinations.
 - Persons who have documented Covid-19 illness in the 3 months prior to their exposure.
- If an individual who is **exposed outside of the school setting and not up-to-date with Covid-19 vaccination**, the individual will quarantine for **at least 5 days**, unless the school is participating in a Test-to-Stay program.*
- To calculate the 5-day quarantine period, day 1 is the day **after the exposure.**
- **Quarantine can end after day 5*** if the individual can wear a well-fitting mask for 5 additional days.
- It is recommended that the exposed individual be tested 5 days or more after exposure.

If a Test-to-Stay program is offered, individuals may continue to attend in-person school activities **if they receive at least one negative Covid-19 test during the 5-day quarantine period and can wear a well-fitting mask.*